



*Strong Bread
Flour*



*Self
Raising Flour*



*Plain
Flour*



Sultanas



Raisins



Currants



Prunes



Figs



Cereals



Oats



Risotto

Muesli

*Easy Cook
Rice*

*Basmati
Rice*

Chickpeas

Barley

*Brown
Rice*

Couscous

*Sunflower
Seeds*

*Green
Lentils*

Lentils

*Whole
Almonds*

*Flaked
Almonds*

Hazelnuts

Peanuts

*Mixed
Nuts*

*Pine
Nuts*

*Whole
Walnuts*

*Poppy
Seeds*

*Flax
Seeds*

*Pumpkin
Seeds*

*Pepper
Corn*

Table Salt

*Gravy
Granules*

*Chicken
Stock Cubes*

*Vegetable
Stock Cubes*

*Beef
Stock Cubes*

*Pork
Stock Cubes*

*Chocolate
Chips*

*Dark
Chocolate Chips*

*White
Chocolate Chips*

*Hot Chocolate
Powder*

*Cocoa
Powder*

*Sugar
Cubes*

*Caster
Sugar*

*Dark Brown
Sugar*

*Light Brown
Cane Sugar*

*Icing
Sugar*

